Join the **TC Metro Growers Network** for a **Growers Spotlight** …

**Holistic Health Farm’s Adventures in Urban Farming**

Creative Crop Cultivation in Small Spaces

Join **Tim Page** and **Cherry Flowers** on **June 10th** as these veteran urban horticulturists show us around their many research, marketing and production projects.

**June 10th, 6:30 to 8:00 PM**

1243 Hewitt Ave., St Paul, MN 55104

Tim and Cherry have tried almost everything related to Urban Agriculture – a little **permaculture** here, a little **hydroponics** there, a **high tunnel, Hugelkulture**, a super-efficient **herb spiral**! They have explored **value added** products, **companion planting**, **raised beds**, **alternative lawn**, and **pollinator** and **wildlife friendly** plantings. Usual crops include ginger, turmeric and sugar cane. Projects in varying degrees of completion fill this small-scale hybrid market farm/home garden on a double lot in St Paul. **Julia Brokaw**, PhD Candidate, U of MM **Bee Lab**, will be on hand to provide information about a recent **native prairie** installation at the site.

*Hold the Phone! …We are going live! Actual on-farm meeting with, like, literally, real people!! Outdoors --social distancing and masks for unvaccinated still a good idea (get vaccinated!) Rain or shine.*

Please come with your questions and experiences!

**Past events:** [www.sfa-mn.org/tc-metro-growers-network-past-events](http://www.sfa-mn.org/tc-metro-growers-network-past-events)

... and resources: [www.sfa-mn.org/tc-growers-resources](http://www.sfa-mn.org/tc-growers-resources)

*Your participation makes a Network!*

**Network Coordinator Karl Hakanson**

khakanso@umn.edu